



ALL INDIA POLICE BODYBUILDING CHAMPIONSHIP - 2020
24-28 FEBRUARY, 2020, HARYANA, INDIA

55 KG

RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	TRILOK SINGH	UTTARAKHAND	54.75	7
2	K.H.BOBBY SINGH	SSB-10	54.50	1
3	SANTOSH KUMAR BOBONGO	JHARKHAND	54.30	2
4	ARABIND KUMAR	UP-10	53.95	4
5	RAMANNA DORA	CRPF	54.25	11

60 KG

RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	L.OKENDRO SINGH	MANIPUR	57.90	27
2	SARATHKUMAR M.	TAMILNADU	59.30	22
3	JITENDRA KUMAR	UTTARAKHAND	59.20	20
4	SIVA S.	TAMILNADU	59.65	21
5	NIRBHAY SINGH	UP-10	58.70	18

65 KG

RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	PARMANAND	CISF	63.65	32
2	RAJU THAPA CHHETRY	JHARKHAND	64.00	34
3	N.KISHAN SINGH	MANIPUR	64.10	44
4	KSH.ARUNJIT SINGH	MANIPUR	63.45	45
5	SONU TYAGI	UP	63.35	36

70 KG

RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	HIRA LAL	PUNJAB	69.20	67
2	MANJEET DAGAR	SSB	67.20	54
3	GUNAOLUWANG THEM	CRPF	69.70	76
4	SUSHIR KUMAR	BSF	69.15	70
5	SIVA KUMAR V.	TAMILNADU	70.00	72

			75 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT (KG)	TRUNK NO.
1	SACHIN SHINDE	MAHARASHTRA	71.50	102
2	SOMRAJ	PUNJAB	73.20	92
3	DENNY K.P.	KERALA	71.10	90
4	JITESH KUMAR DAS	ODISHA	74.40	100
5	SUYASH JADIYE	MAHARASHTRA	74.40	103

			80 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	JAVED RANUREY	RAJASTHAN	77.80	126
2	JATINDER SINGH	PUNJAB	78.35	122
3	RAVINDRA VANJARI	MAHARASHTRA	79.50	130
4	PRUSHOTHAMAN A	TAMILNADU	79.80	125
5	RAM TUDU	CRPF	78.70	135

			85 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	PRAVIN KHOBRAGADE	MAHARASHTRA	84.50	149
2	TEJENDRA SINGH	UTTARAKHAND	82.60	146
3	SHARIF MULANI	MAHARASHTRA	80.25	148
4	BORUN YUMNAM	CRPF	80.20	154
5	VIVEK THAKUR	SSB	82.10	140

			90 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	BANTY NILGAR	RAJASTHAN	85.30	167
2	ANIL MALIK	HARYANA	87.65	171
3	NG.SURCHANDRA SINGH	MANIPUR	85.55	170
4	ARUN KUMAR	UP	88.10	163
5	AMRINDER SINGH	PUNJAB	87.50	165

			100 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	AMIT CHETTRY	UTTARAKHAND	90.45	181
2	JITENDRA SINGH	HARYANA	93.7	192
3	MANOJ BOCHARE	MAHARASHTRA	94.5	184
4	HARBIR SINGH	PUNJAB	97.85	180

5	ATUL KUMAR	CRPF	90.2	191
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			ABOVE 100 KG	
RANK	NAME OF THE COMPETITOR	UNIT	WEIGHT	TRUNK NO.
1	HARDEEP SINGH	PUNJAB	100.1	198
2	CHARAN MOHAN	PUNJAB	100.1	199
3	C.BALJIT SINGH	CHANDIGARH	100.15	196
4	SANDEEP SHARMA	BSF	100.6	202
5	S.K.RAFI	TELANGANA	101.35	200

TEAM CHAMPIONSHIP : PUNJAB (210 POINTS)

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TEAM CHAMPIONSHIP RUNNER UP: MAHARASHTRA (165 POINTS)

TEAM CHAMPIONSHIP 1ST RUNNER UP: UTTARAKHAND (160 POINTS)

OVERALL CHAMPION: HARDEEP SINGH (PUNJAB)

BEST POSER: SUYASH JADIYE (MAHARASHTRA)